



BODY RESPECT WEEK

"Returning Back to Self"

For more information, please visit
[campushealth.tulane.edu/
 content/body-respect-week](http://campushealth.tulane.edu/content/body-respect-week)



Pillar	Event	Date & Time	Location	Department
My body deserves to be fed.	Body Respect Week Kick Off	Monday, November 8, 2021 11:00 AM - 1:00 PM	McAlister	The Well for Health Promotion
	Decolonizing the Plate	Monday, November 8, 2021 4:00 PM	IG Live: @tulaneoma	Office of Multicultural Affairs
	Weight Room Orientations and Fitness Assessments	Tuesday, November 9, 2021 3:00-5:00 PM	Reily Student Recreation Center	Campus Recreation
My body deserves to be treated with dignity.	Redefining Beauty	Tuesday, November 9, 2021 3:00-4:00 PM	LBC Room 210-McKeever	Office of Multicultural Affairs & The Well for Health Promotion
	Vinyasa Flow Yoga for Self-Love with Mary	Tuesday, November 9, 2021 5:30- 6:30 PM	Diboll Yoga Studio, Reily Student Recreation Center	Campus Recreation
	SmashTALK: Tulane	Tuesday, November 9, 2021 6:00 PM	Zoom, Register via WaveSync	Campus Health & National Alliance for Eating Disorders
My body deserves to be dressed in the manner I am accustomed to.	Wednesdays at The O BRW Takeover	Wednesday, November 10, 2021 12:00 PM	Carolyn Barber Pierre Center for Intercultural Life	Office of Multicultural Affairs and Campus Health
	Live Well Hut	Wed & Thurs, Nov 10th & 11th 11:00 AM -1:00 PM	McAlister	Tulane University Peer Health Educators
	Cooking Demo & Tasting	Wednesday, November 10, 2021 5:00-6:00 PM	Greenbaum Demonstration Kitchen	Tulane Dining & Campus Health
My body deserves to be touched affectionately and with respect.	Beyond Pronouns: Affirming Trans & Nonbinary Identities	Thursday, November 11, 2021 4:00-5:00 PM	Newcomb Hall Room 445	Office of Gender and Sexual Diversity
	Sex After Dark	Thursday, November 11, 2021 7:00-8:30 PM	Zoom, Register via WaveSync	The Well for Health Promotion
	Treat Yourself Thursday: Sexual Justice Edition	Thursday, November 11, 2021 3:00-5:00 PM	Carolyn Barber Pierre Center for Intercultural Life	Office of Multicultural Affairs
My body deserves to move comfortably.	Embodied Sexuality	Thursday, November 11, 2021 2:00-3:00 PM	JL Lawn	Office of Multicultural Affairs
	Mindful Movement Yoga with Chandra	Friday, November 12, 2021 12:00-12:45 PM	Reily Student Recreation Center	Campus Recreation
	Move Your Body Party!	Friday, November 12, 2021 5:00-6:00 PM	Reily Student Recreation Center	Campus Recreation